# **Ecological Flows Framework for North Carolina's Coastal Region**

### **Coastal Ecological Flows Work Group**

Ecological flow or eco-flow is the flow necessary to maintain ecological integrity. In accordance with state law and anticipation of future withdrawals, the NC Department of Environment and Natural Resources (DENR) is in the process of identifying eco-flows for the state. DENR's Ecological Flows Scientific Advisory Board tasked a group of coastal stream experts from universities, private industry, and government agencies, known as the Coastal Ecological Flows Work Group (CEFWG), with identifying approaches for modeling eco-flows NC's Coastal Plain (figure 1).



Figure 1 – North Carolina Elevation Map with Coastal Plain Study Area Outlined

### **Coastal Ecological Flows**

Due to tidal influence and tail water conditions common to the region, coastal stream flow is often independent of stage, invalidating a fundamental concept of traditional eco-flow models. A relative lack of long-term and spatially distributed flow records impede characterization of regional flow regimes. Unique regional ecologies also developed from natural water quality characteristics interdependent with flow, such as low pH and dissolved oxygen, saltwater gradients, and higher dissolved organic carbon. Developing a framework for classifying stream reaches serves as the first step for determining regional eco-flows. The CEFWG's framework development process is presented here.

### **Framework Development**

The initial typology (figure 2) was developed from the CEFWG's knowledge and studies of distinguishing ecological characteristics and classifications across the region. Habitats were assigned to each classification.



Figure 2 – Initial Coastal Stream Reach Characteristic and Classification Typology

Coastal Plain Elevation /alue

### **Ecosystem Assessment Focus**

Anadramous Fish

- Regional economic and ecological importance • Wide geographic area
- over lifespan
- Many species reside in tidal waterways
- Available habitat suitability models
- Flow important for
- spawning & maturation. Roanoke River links
- habitat suitability to flow • Resident fish and vegetation also considered

Species	Salinity (ppt)		Temperature (C)		Dissolved Oxygen (mg/l)		Flow (cm/s)
species	Adult	Spawn/Egg	Adult	Spawn/Egg	Adult	Spawn/Egg	Spawning
Alewife	[S] 0-5	[S] 0-5 [O] <mark>0-2</mark>	<	[S] 11-28 [O] 17-21	[S] >3.6	[S] >4	[O] slow current
American shad	[S] 0-18	[S] 0-18	[S] 10-30	[S] 13.0-26	[S] >5		[S] 30-90
Blueback herring	[S] 0-5	[S] 0-22 [O] 0-2		[S] 14-26 [O] 20-24	[S] >5		[O] strong current
Striped bass	[S] 0-5	[S] 0.5-10	[S] 20-22	[S] 12-24 [O] ~18-22	[S] >5		[S] 30.5-500 [O] 100-200
Yellow perch	[S] 0-13	[S] 0-2	[S] 6-30		[S] >5		
White perch	[S] 5-18	[S] 0-2	[S] 10-30	[S] 12-20	[S] >5		
Sturgeon, Atlantic	[S] 0 to >30	[S] 0-5	[S] 0 to >30	[S] 11-20			
Sturgeon, Shortnose	[S] 0 to >30	[S] 0-5	[S] 0 to >30	[S] 5-15			

[S] = Suitable, and [O] = Optimum

### **Typology Refined via Spatial Data**

- Evaluated characteristics & classifications using GIS resources (see examples below)
- NC DENR: Water Quality Classifications (salt waters, swamp waters)
- US Fish & Wildlife Service: National Wetlands Inventory (tidal, fresh water)

USGS: National Elevation Dataset (reach slopes), National Hydrography Dataset (reach paths)



Figure 3 – NC DENR "swamp waters" classified stream reaches (estimate of "blackwater") Figure 4 - Coastal reach origin, tidal influence, and saltwater classification (DENR



lient, blackwater stream
n swamp, shag, sand, mud, backwater, SAV
gradient, brownwater stream
nu, muu, mne
<u>I, unmodified</u> n swam, snag, sand, mud, backwater, SAV
I, engineered (channelized, ditched) nd, mud, backwater, SAV
f <mark>ied, wind-dominated tides, fresh</mark> n swamp, snag, sand, mud, backwater, SAV
<b>ied, wind-dominated tides, oligohaline</b> t wetland, snag, sand, mud, backwater
f <mark>ied, lunar-dominated tides, fresh</mark> n swamp, snag, sand, mud, backwater, SAV
<b>ied, lunar-dominated tides, oligohaline</b> It vegetation, snag, sand, mud, backwater
eered, wind-dominated tides, fresh sand, mud, backwater, SAV
eered, wind-dominated tides, oligohaline ent vegetation, snag, sand, mud, backwater
eered, lunar-dominated tides, fresh sand, mud, backwater, SAV
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### Table 1 – Physical Spawning (Adult) and Egg Development Requirements for Resident Freshwater and Anadromous Fish Inhabiting Coastal North Carolina from the 2010 North Carolina Coastal Habitat Protection Plan (Deaton et al., 2010)

### Thresholds:

- Medium/Low Slope: 2.5 mm/m (0.25%)
- Tidal influence: < 1 m above sea level
- Upper/Lower Coastal Plain: Suffolk Scarp

Insufficient Data: Characteristics Eliminated

- Tide Driver: Wind vs. Lunar
- Condition: Unmodified vs. Engineered
- Blackwater/Brownwater
- Saltwater withdrawal impacts

Figure 5 – Stream reach classifications by origin, slope (+/- 2.5 mm/m), and tidal (<1 m asl) influence.

## **Final Typology**

Typology classifications were consolidated by removing characteristics with insufficient data and uncertain or insignificant distinctions. The final typology provides the basis for the recommended determinants and assessment assemblages for estimating coastal stream reach eco-flows (Table 2). Origin: Location:





### Recommendations

Table 2 – Recommended Eco-Flow (EF) Determinants and Assessment Assemblages based on Final Typology for Coastal Stream Reach Eco-Flows

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Origin			Relevant EF Determinants				Assemblages for EF Assessment		
		Slope Gradient	EFSAB	Discharge &	Downstream	Overbank	Anadramous	Resident	Vegetation
			Extension	Habitat	Salinity	Flow	Fish	Fish	
	Piedmont	Medium ( <u>&gt;</u> 0.25%)	Х	Х	Х		Х		
	Upper Coastal Plain	Medium (> 0.25%)	Х	Х	Х		Х		
	Upper Coastal Plain	Low ( < 2.5 mm/m)		Х	Х	Х	Х		Х
	Lower Coastal Plain	Low ( < 2.5 mm/m)		X	X	Х	X		Х
	Lower Coastal Plain	Tidally Driven Flow			Х	Х		Х	Х

Essential continuing efforts for Coastal Streams moving forward:

- Assess inland extent of tidal influence

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Figure 6 – Final Coastal Stream Reach Characteristic and Classification Typology

• Determine relationship of discharge patterns and stream flow

Identify critical water quality indicators for juvenile species

• Further definition of hydrologic characteristics in each stream reach

• Determine baseline flow regimes in respective basins

• Inventory and account for current and projected withdrawal and discharge rates **Coastal Ecological Flow Work Group (Coauthors):** 

